

194 High st. South

Dunstable

Beds

LW63HS

26-NOV-10

30 NOV 2010

To whom it may concern.

I am writing to you concerning the application for Sainsburys to move into the premises next door to my home. I live in my home with my husband and dog; I keep a large dog because I was assaulted in my own home at a previous address, by a criminal that broke into my home; I therefore need my large dog as it makes me feel secure.

Although this happened many years ago, I have since, always kept myself large dogs for protection; Should Sainsburys move next door, I fear my dog will keep barking at the late night noise of car doors slamming and people making noise which ~~does~~ <sup>would</sup> seem louder when I'm asleep in bed trying to sleep.

I am also disabled with chronic back pains; I have had a disc removed; a steel rod screwed onto my spine, then removed, with ongoing spine problems. I take medication for this problem, one of which is a morphine drug because of my chronic pain.

I also take medication for depression and seriously high blood pressure.

Due to all this medication, I have to go to bed by 6p.m every single night because I get very tired due to pain and medication; yet I still wake often during the late evening if there is any noise. I sleep in my back bedroom to block out traffic noise, but I fear that with a late night shop next door, and of how my back bedroom is situated, (on top of next doors) the noise levels will severely disturb my sleep.

My husband already suffers with insomnia.

Because of my disability, Central Beds has already agreed to spend a lot of money on my home because my kitchen is in bad condition; My husband can work only part time

because he has to work in the kitchen cooking dinners, ect, as I cannot help myself in my kitchen, so the council are going to re-plan my kitchen to help me cope with a more independant life, so I can release my husband to do a full time job. The council are also going to re-plan my bathroom. All this has been approved and the work is to be carried out within 4 weeks or so.

The council have warned me, that should I ever leave this house and move else where, they cannot provide me with any further help; but I do not and never will move house because this house is very near to town, which enables me to walk into town on my better health days, and I love my house, but if I get a Sainsburys next door, and late eve noise, I fear it will increase my health problems and could even drive me away.

We have a private car park behind my house and its imperative that my husband uses our two car parking spaces that our ours to use, he has a school bus, that is a work bus, and our own private car, if Sainsburys car park gets full-up, on busy shopping days, we fear we will get the public driving into our private car park using - up our parking spaces.

If I use my lounge, (front of house) to watch T.V ect, car doors slamming, school children shouting, large groups of teenagers; drunks, and general public, are going to severely disturb my peace, set my dog off barking, and totaly disrupt my already poor quality of life; and due to my disability, I spend really all my time inside my home and garden. I strongly oppose to a Sainsburys or any Supermarket being next door, and wish to take this matter further with yourselves or I will seek further advice from my local M.P.

yours Sincerely  
